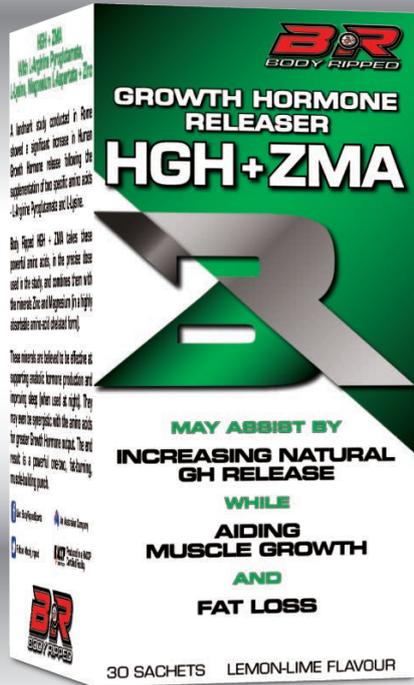


HGH + ZMA GROWTH HORMONE RELEASER



NUTRITIONAL INFORMATION		
Sachets per Package: 30 Serving Size: 1 sachet (4g)		
HGH + ZMA	Per Sachet	Per 100g
Energy	40kj (10Cal)	1008kj (240Cal)
Carbohydrates	Nil	Nil
- Sugars	Nil	Nil
Fat	Nil	Nil
Protein - Total	2.4g	60g
- L-Arginine L-Pyroglutamate	1200mg	30g
- L-Lysine	1200mg	30g
Magnesium L-Aspartate	300mg	7.5g
Zinc (From Zinc Amino Acid Chelate)	12.0mg	300mg
Calcium Pantothenate	3.0mg	75mg
Pyridoxine HCl (Vitamin B6)	5.0mg	125mg
Choline (from Choline Bitartrate)	10.0mg	250mg

1200^{mg}
ARGININE

1200^{mg}
L-LYSINE

300^{mg}
MAGNESIUM
L-ASPARTATE

60^{mg}
ZINC
CHELATE

25
CHOLINE

*Per 4g sachet.

HGH + ZMA	WITH MEALS	BETWEEN MEALS	PRE-TRAINING	INTRA-TRAINING	POST-TRAINING	BEDTIME
TRAINING CYCLE & SUPPLEMENT TIMING						
MUSCLE GROWTH						●
IMPROVED SLEEP AND RECOVERY						●
FAT LOSS						●
OVERALL HEALTH AND WELL-BEING						●
● RECOMMENDED DOSAGE TIMING ○ ALTERNATE DOSAGE TIMING						

HGH + ZMA - Lose body fat while you sleep?

That's right, you can actually burn fat and gain muscle while you sleep with Body Ripped's incredible product **HGH + ZMA**.

Just one serving a day – taken at night before bed (can also be used before exercise) – can actually increase your body's natural growth hormone output significantly. Natural GH release through amino acid supplementation has been linked to the following positive effects:

- Increased muscle mass with a subsequent increase in metabolic rate
- Body fat reduction
- Enhanced sexual performance
- Faster recovery from exercise and improved sleep
- Increased bone density
- Hair re-growth and younger looking skin
- Greater energy and improved outlook and moods

HGH + ZMA contains precise ratios of two specific amino acids – L-Arginine Pyroglutamate and L-Lysine Hydrochloride, which have been shown to positively influence GH release, plus minerals that have been carefully selected to give a synergistic effect. The effect may be; improved sleep and recovery, boosted energy and overall health, and potentially - increased muscle growth and fat loss!

Ingredients: L-Arginine L-Pyroglutamate, L-Lysine, Sodium Bicarbonate, Calcium Gluconate, Magnesium L-Aspartate, Citric Acid, Natural Lemon and Lime Flavours, Zinc Amino Acid Chelate, Silica, Sodium Cyclamate, Choline Bitartrate, Pyridoxine HCl, Colour (110), Liquorice Root Extract, Sodium Saccharin, Calcium Pantothenate.

Recommended adult dosage: 1 sachet daily on an empty stomach - either before breakfast, before resistance exercise or before retiring. For best results, use daily for at least 4 weeks, preferably at the same time each day.

Directions: Empty 1 sachet into 150-200ml water (according to taste), stir and consume immediately. Do not add fruit juice, protein powders or hot drinks as these will reduce the effectiveness of the product. Do not eat for at least two hours before use (preferably 3-4 hours) and for 30 minutes after consumption.

WARNING: Formulated supplementary sports food. Not suitable for people under 21 years of age or pregnant women: Should only be used under medical or dietetic supervision. Not to be used as the sole source of nutrition. Intended for use in conjunction with an appropriate exercise program. Store below 30°C in a cool, dry place away from direct sunlight.

Availability: 30 sachets per box (30 servings/30 days' supply), lemon-lime flavour. **Contains no banned substances.**

Lean Muscle For Every *Body*

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BodyRippedSports
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